

## Storey County Emergency Management

# Earthquake Preparedness

Great Nevada Shakeout  
October **15th** 10:15

### Before An Earthquake

- △ **Look around places where you spend time.** Identify safe places such as under a sturdy piece of furniture or against an interior wall in your home, office, or school so that when the shaking starts, you **DROP** to the ground, **COVER** your head and neck with your arms, and if a safer place is nearby, crawl to it and **HOLD ON**.

***THIS IS EXACTLY WHAT YOU WILL DO FOR THE OCTOBER 15th EXERCISE.***

- △ **Practice how to DROP, COVER and HOLD ON !**

**Notice the triangle ?** When identifying safe places, a spot that has an upper supportive point is good. The triangle concept provides a clear space to protect you from falling materials.

- △ **During an Earthquake**

Stay where you are until the shaking stops. Do not run outside (*flailing your arms and yelling the sky is falling*).

Do not get in a doorway as this does not provide protection from falling or flying objects, and you may not be able to remain standing. (*this procedure is how I was instructed in the 1950's...see how it has changed?*)

 **Drop down onto your hands and knees** so the earthquake doesn't knock you down.

 **Drop to the ground** (before the earthquake drops you!)

 **Cover your head and neck with your arms** to protect yourself from falling debris

-  If you are in danger from falling objects, and you can move safely, crawl for additional cover under a sturdy desk or table.
-  If there is low furniture or an interior wall or corner nearby, and the path is clear, these may also provide some additional cover.
-  Stay away from glass, windows, outside doors and walls, and anything that could fall, such as light fixtures or furniture, bookcases, appliances, etc.

 **Hold on to any sturdy covering** so you can move with it until the shaking stops. Stay where you are until the shaking stops. *(then.. you can start screaming and running around in circles if it makes you feel better)*



***IN THE NEXT ISSUE OF THE "What If Times" :***

*We will explore what you should do if you are in bed, or outside or in a vehicle when the shaking starts....and.....remember we are talking about earthquake shaking, not the shaking you experience if you were out too late last night.*