



# MAY



Stacy York - Director

800 Peri Ranch Rd, Lockwood • 775-443-3032

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>60 and over—suggested donation of \$3.00 59 and younger—\$5.00</p>			<p>1 Tuna Noodle Casserole, Herbed Veggies, Sliced Tomato, Bread, Oatmeal Date Bar (ADSD 56)</p>
<p>4 Asian Chicken Crunch Salad with Edamame, Mandarin Orange, Fortune Cookie</p>	<p>5 Meatloaf, Mashed Potatoes, Steamed Spinach, Chantilly Fruit (ADSD 3)</p>	<p>6 Mushroom Pork Chop, Vegetable Medley, Rice Pilaf, Salad, Banana </p>	<p>7 Buffalo Chicken Mac n' Cheese with Blue Cheese Crumbles, Garbanzo Salad, Peaches</p>	<p>8 Cajun Cod, Creamed Corn, Spinach, 7-Grain Bread, Honeydew (ADSD 119)</p>
<p>11 Southwest Chicken Salad with Black Beans, Cornbread, Fruit Cup </p>	<p>12 Roma Burger, Baked Beans, Cantaloupe, Corn, Orange (ADSD 82)</p>	<p>13 Chicken Wings, Potato Salad, Pears Mixed Veggies</p>	<p>14 Beef Ravioli w/ Mushroom Cream Sauce, Tuscan Beans, Garlic Toast, Caesar Salad, Pineapple</p>	<p>15 Baked Fish Scandia, Rice, Roll, Colorful Salad, Mixed Vegetables, Tropical Fruit (ADSD 112)</p>
<p>18 Chopped BLT Salad, Pear Cup, Roll</p>	<p>19 Beef Stir Fry, Brown Rice, Beet Salad (ADSD 23)</p>	<p>20 Birthday! Cuban Sandwich, Salad, Sliced Apples, Chips, CAKE!</p>	<p>21 Tortellini w/ Pesto and Chicken, Breadstick, Tomato Bean Salad, Fruit Cocktail</p>	<p>22 Fish Tacos, Frijoles Charro, Cantaloupe, Corn (ADSD 163)</p>
<p>25 Closed!</p> 	<p>26 Apple Topped Pork Chop, Baked Potato, Lettuce &amp; Tomato Salad, Bread, Pineapple  (ADSD 151)</p>	<p>27 Basque Chicken Thigh, Mashed Potatoes, Apricot, Spinach Craisin Salad</p>	<p>28 Spaghetti w/ Meat Sauce, Mixed Vegetables, 3 Bean Salad, Tropical Fruit</p>	<p>29 Salmon, Angel Hair Pasta, Asparagus, Mandarin Orange (ADSD 18)</p>

TURN OVER FOR MORE INFORMATION ———>

Menu Subject to change

# Events & Activities

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Food Pantry 9:30–12:30
4 Exercise Class 9:00–10:00 Women's Bible Study 10:00–11:00 Card Club 12:00– 3:30	5 Exercise Class 9:00–10:00 Heal with Nutrition 10:00–11:30 Hook Rug Class 2:00–3:00 Work Readiness Class 4:00–5:00	6 Exercise Class 9:00–10:00	7 Exercise Class 9:00–10:00 Greeting Card Class 2:00–3:00 Marvelous Melodies 3:00–4:00	8 Food Pantry 9:30–12:30 
11 Exercise Class 9:00–10:00	12 Exercise Class 9:00–10:00 Heal with Nutrition 10:00–11:30 Hook Rug Class 2:00–3:00 Work Readiness Class 4:00–5:00	13 Exercise Class 9:00–10:00 Mobile Harvest 10:00–11:00 Brown Bag BINGO 10:00–11:00	14 Exercise Class 9:00–10:00 Greeting Card Class 2:00–3:00 Marvelous Melodies 3:00–4:00	15 Food Pantry 9:30–12:30
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