

# GLOBAL BRAIN CARE COALITION INFORMATION SHEET

[www.globalbraincare.org](http://www.globalbraincare.org)

**The Global Brain Coalition is an international network dedicated to reducing dementia, stroke, and depression worldwide through science-based brain care initiatives and community engagement.**

The **Global Brain Coalition (GBC)** was established in 2024 by leading health experts and organizations to elevate brain health as a global priority and reduce the burden of neurological and mental health disorders.

Its mission is to **cut new cases of dementia, stroke, and depression by 10% in the next decade and 30% by 2050**, focusing on prevention through lifestyle and behavioral changes.

The coalition emphasizes that a significant portion of these conditions—up to 45% of dementia, 80% of strokes, and 35% of depression can be prevented by modifying daily habits.

## **Key Initiatives**

A central tool of the coalition is the **Brain Care Score (BCS)**, developed at the McCance Center for Brain Health. The BCS helps individuals understand how lifestyle choices—such as diet, exercise, sleep, and social engagement—affect brain health and disease risk. By tracking physical, lifestyle, and social-emotional factors, the BCS empowers people to make incremental changes that improve brain health and reduce risks of related diseases.

The coalition also fosters **global collaboration**, connecting academic medical centers, philanthropists, governments, and community organizations.

It promotes research, shares best practices, and supports initiatives that strengthen brain health across populations. Interactive tools and global networks allow communities to engage with ongoing projects and access resources to improve brain care locally.

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## Leadership and Global Impact

The GBC was spearheaded by **Dr. Jonathan Rosand**, a neurologist and professor at Harvard, leveraging his extensive experience in cerebrovascular research and global collaborations.

The coalition has been recognized at high level international events, including the United Nations General Assembly, highlighting brain health as a critical global health and economic priority.

Its work informs policy, supports scientific advancement, and aims to create a **world where fewer people suffer from brain diseases**, enabling healthier, longer, and more independent lives.

In summary, the **Global Brain Coalition** is a science-driven, globally coordinated effort to prevent brain diseases, promote brain health, and empower individuals and communities to take proactive steps toward lifelong brain care.

[About - Global Brain Care](https://globalbraincare.org/about/)

<https://globalbraincare.org/about/>

Brain Care Score Worksheet –

<https://globalbraincare.org/brain-care-score/>

Check Your Brain Care Score - [Brain Care Score](#)

<https://redcap.partners.org/redcap/surveys/?s=YT4JTLC7TKRL983F>